

Parul[®]
University

NAAC A++
ACCREDITED UNIVERSITY

Breast Cancer

Awareness Workshop



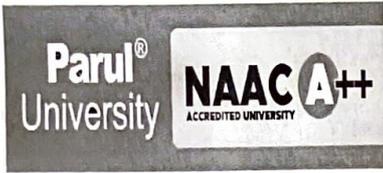
SDG's - 3,5,10

7th October 2025 | 01:00 PM Onwards

Venue: Dr. JK Patel Seminar Hall, PIHR

Apurva
07/10/25

[Signature]



PARUL INSTITUTE OF HOMOEOPATHY AND RESEARCH
CULTURAL/EVENT COMMITTEE

Date: 06/10/2025

CIRCULAR

This is to inform all respected faculty members and students of all years that workshop on **Breast Cancer Awareness & its Screening Methods** is arranged by Department of Obstetrics and Gynaecology.

Venue - Dr. J.K. Patel Seminar Hall, 3rd floor, PIHR.

Date- 07/10/2025

Time: 1.00PM onwards

All faculty members are cordially invited. Please grace the occasion with your presence.

Thank You!

Event Coordinator

Principal

Activity Report (WORKSHOP)

DEPARTMENT	Obstetrics and Gynecology		
ACTIVITY TYPE	Expert Lecture		
ACTIVITY TITLE	Breast Cancer Awareness & its Screening Methods		
DATE & TIME	07/10/2025	Duration	1:00 to 3:00 PM
PARTICIPANTS NO.	72 + 10		
EXPERT NAME WITH DESIGNATION	Mrs. Chetna Mistry & Mrs. Parul Prajapati		
NAME OF EXPERT'S ORGANIZATION	Ashirwad Foundation		
EXPERT CONTACT DETAILS	9426633017		
FACULTY COORDINATOR	Dr. Shivani Parikh, Dr. Leena Sharma & Dr. Kiran Harjani		
FACULTY CONTACT DETAILS	9558710870 & 8769415717		
SDG	3, 5, 10		
MOU Activity	NA		
SPONSORING AUTHORITY	--	Sponsorship amount:	--

Objectives:

1. To educate faculty members about breast cancer, its risk factors, early signs, and prevention methods.
2. To promote regular self-examination and awareness for early detection.
3. To encourage timely screening and medical consultation.
4. To provide access to free mammography for early diagnosis.

Activity Details:

Date: 07/10/2025

Time: 1:00 PM – 3:00 PM

Facilitators: Mrs. Chetna & Mrs. Parul from Ashirwad Foundation

Venue: Dr. J.K. Patel Seminar Hall, PIHR, Parul University

- **Session Overview:**

Mrs. Chetna Mistry coordinator from Vadodara's Ashirwad Foundation unit having 2 years' experience and Mrs. Parul Prajapati coordinator from Ahmedabad's Ashirwad Foundation unit having 20 years' experience; conducted an interactive 2-hour breast cancer awareness session on 07/10/2025, attended by college faculty members and 72 third-year students.

- **Content Covered:**

- Introduction to breast cancer: prevalence and impact
- Risk factors and myths
- How to perform breast self-examination (BSE)
- Importance of regular clinical check-ups and mammograms
- Lifestyle tips to reduce risk

- **Methodology:**

The facilitators used multimedia presentations, live demonstrations for self-examination techniques, and Q&A segments to engage participants effectively.

- **Participation:**

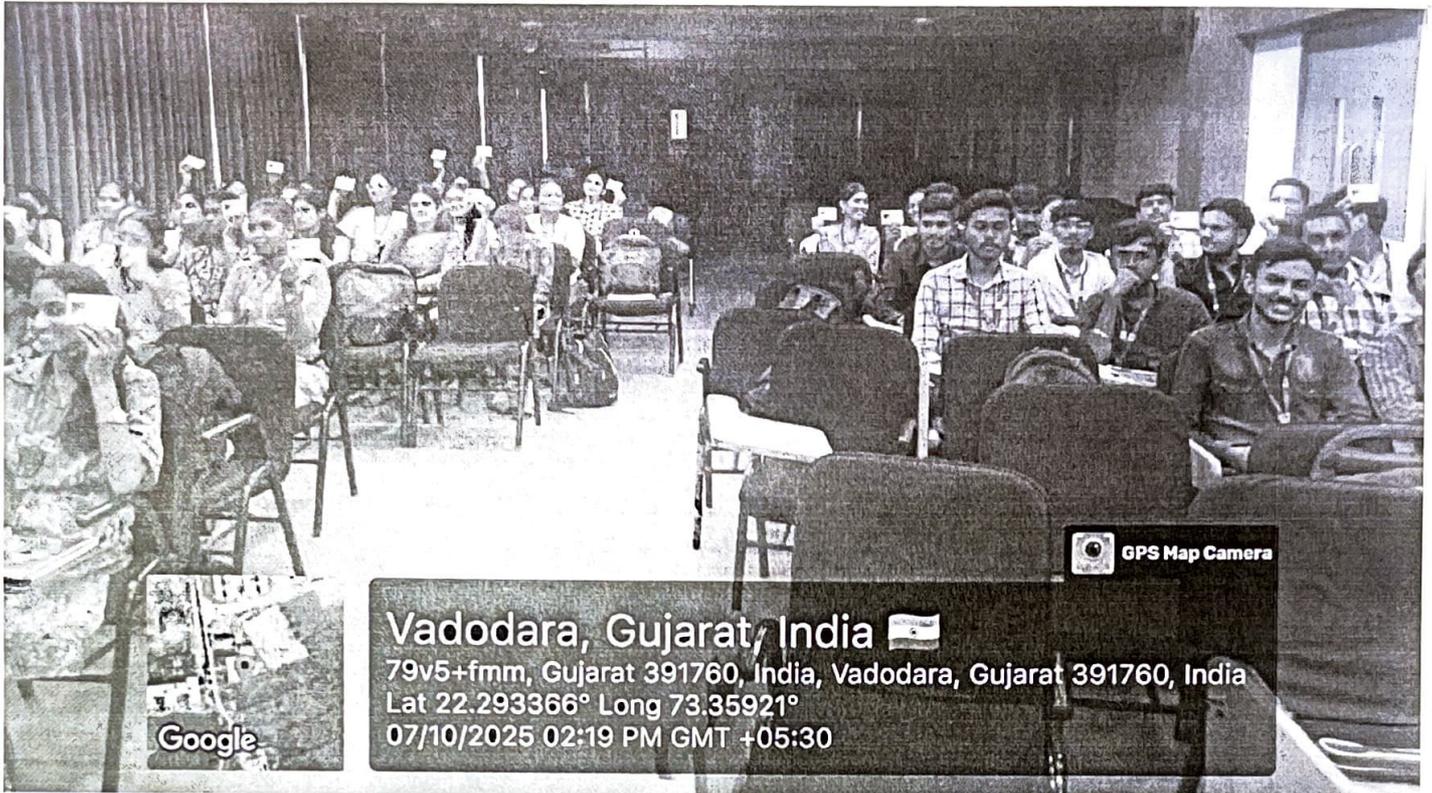
The session was attended by college faculty and 72 third-year students, who actively engaged through questions and discussions.

- **Follow up Activity:**

After the session, free mammography screenings were provided for faculty members. Additionally, students were given mammography cards to facilitate future screening access, promoting early detection practices among both faculty and students.

Glimpses of activity:





Vadodara, Gujarat, India

79v5+fm, Gujarat 391760, India, Vadodara, Gujarat 391760, India

Lat 22.293366° Long 73.35921°

07/10/2025 02:19 PM GMT +05:30

GPS Map Camera

Google

Outcome:

- Increased awareness among faculty and students about breast cancer and early detection methods.
- Enhanced confidence in performing breast self-examinations.
- Effective utilization of free mammography services by faculty members and provision of screening cards to students encouraging preventive healthcare.

Attendance Sheet:

Sheet attached

Result summary of Pre and Post Test: NA

Planning of activity from the Test result: NA

DR. SHIVANI U PARIKH

Shivani U Parikh

Leena

<p>Name & Signature of coordinator <i>Dr. Leena Sharma</i></p>	<p>Name, Signature & stamp of Head of the Department HOU JEPT. OF OBSTETRICS AND GYNAECOLOGY PIHR</p>	<p>Name, Signature & stamp of HOI <i>Dr. Ankur Desai</i> <i>Ankur</i></p>
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Principal
Parul Institute of
Homoeopathy & Research
Iswarpura, Limda, Vadodara-391760

PARUL INSTITUTE OF HOMOEOPATHY AND RESEARCH

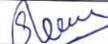
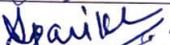
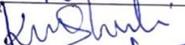
ACTIVITY – Breast Cancer Awareness & its Screening Methods

DEPARTMENT – Obstetrics & Gynaecology

DATE – 07/10/2025

TIME – 1 TO 3 PM

LIST OF FACULTY PARTICIPANTS:

SR.NO	NAME	DEPARTMENT	SIGN
1.	Dr. Kiran Harjani	Obstetrics & Gynaecology	
2.	Dr. Leena Sharma	Obstetrics & Gynaecology	
3.	Dr. Shivani Parikh	Obstetrics & Gynaecology	
4.	Dr. Archana Tegwal	Hom. Materia Medica	
5.	Dr. Mahima Pandya	Hom. Materia Medica	
6.	Dr. Krushali Sharma	Organon of Medicine	
7.	Dr. Riya Jodha	Repertory & Case Taking	
8.	Dr. Ruchita Jerath	Physiology	
9.	Dr. Shivangi Pandey	Organon of Medicine - PG	
10.	Dr. Nayana Patel	Homoeopathic Pharmacy	


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